ST. PHILIP HOWARD CATHOLIC PARISH CHURCH

33 Walpole Road,
Cambridge CB1 3TH
+44 1223 211235
SPH Office Email: sphcambridge@gmail.com
Web: www.sphcambridge.org.uk

30TH WEEK IN ORDINARY TIME

Sunday, 25 October 2026

Lectionary:
Sundays: Year A – Weekdays: II – Psalter: Week 2



CLERGY

PARISH PRIEST:
The Revd Father PHILIP JOHN
33 Walpole Road
Cambridge
CB1 3TH
Tel: **(01223) 211235 | 0771 313 9350**
Philip.John@rcdea.org.uk

Mgr. TONY ROGERS
40 Dunstan Court
Wulfstan Way
Cambridge
CB1 8QD
Mobile: **07778221509**
tonybrucerogers@gmail.com

DEACON:
The Revd Dr JOHN BELL
3 Applewood Close,
CB1 9NU
Mobile: **07919247977**
deacon@sphcambridge.org.uk

PARISH OFFICERS

Fabric and Finance Chairman
joanmariamilne@icloud.com

Treasurer and Gift-Aid Officer
Prasanth Francis
Tel: 07877 378104
Email: **treasurer@sphcambridge.org.uk**

Parish Safeguarding Officer
Hugh Bradley
Tel: (01223) 244222
hughdbradley@gmail.com

DATA PROTECTION If you have contact details printed in the newsletter that you do not want published on our website, please inform Fr. Philip John *(details above)*.

HOLY COMMUNION TO THE SICK AND HOUSEBOUND

Fulbourn
Phoebe Vargas 07796 893 558
Alistair Milne 01223 894997
Cherry Hinton
Nicky Marks 07876 713558

HOSPITAL POLICY

PLEASE contact the Chaplaincy Office directly on (01223) 217769 to inform them of any Catholic family members who may have been admitted to ensure that they are registered as a Catholic and that the patient has ticked the box giving permission for a priest or a member of the Chaplaincy Team to visit. More information at:

www.addenbrookes.org.uk/serv/nonclin/chaplaincy/

CLOCKS GO BACK

Remember to set your clocks back one hour this Saturday night or early Sunday morning.



DONA & GIVING TO THE PARISH

If you have a **Mass intention**, you can use one of the small brown envelopes for your offering and give it directly to a priest or post it through the priest's door. If you pay for a Mass intention through **Dona**, please also fill out a brown envelope *clearly* and mention on it that you have paid via Dona. Other ways of giving to the parish include **standing orders**, **gift aid** and through a **legacy** in your will.

Sunday collection: £n/a



CONFIRMATION CLASSES IN 2026/27

The next Confirmation class is from **1pm to 3pm** on **Saturday, 14 November**. The full schedule of classes is **here**.

Parents please note that registration to attend Confirmation classes is now closed.

CATECHISM CLASSES IN 2026/27

7 NOV.	7 NOV.	28 NOV.	28 NOV.
Y3: 1.30pm Community Room	**Y4: 10.15am** Book Room	**Y2: 10.15am** Community Room	**Y3: 1.30pm** Community Room

Please register your child in advance by sending the registration form to the class teacher listed below under 'general information'.

- **Schedule of classes and registration forms**
- **General information**

CHILDREN'S LITURGY OF THE WORD

10am Sundays

Liturgy of the Word for Children has started again at the 10am Sunday Mass. We have two groups: **children aged 3-5** meet in the Book Room; those **aged 6-8** meet in the Community Room They have their own space to listen and respond to the readings in an age-appropriate environment. No pre-registration required and we look forward to welcoming our young parishioners.

MUSICAL INSTRUMENT DONATION



With a heavy heart and after much consideration, Mrs. M. Adams has decided to donate her late husband's musical instruments (a **drum kit** and **piano**), which had brought so much joy and happiness, to a passionate music and instrument lover or to a school, church or organization. It is her wish that these instruments continue to bring pleasure to the recipient and listeners. If you are interested or would like to know more, please email Mrs. Adams at: **adamsmrsm12@gmail.com**.

CHILDREN'S KNITTING & CROCHET GROUP

A **knitting and crochet group** has started in the Parish for **children aged 8–11** years old. It will be held in the Community room at church. The group will meet on Saturday mornings from 11am to 12.15pm. The next meeting is on **Saturday, 31 October**. If you have any queries, please contact Anne Manning on 07742 758095 or Nicky Marks on 07876 713558.



HARVEST LUNCH



Friday, 23 October

11am (*not 10am!):* **Holy Mass** followed by a **sing-along** and **harvest lunch** (pumpkin soup & bread). If you can, please bring along flowers and vegetables to decorate the church. (And also at all weekend Masses.)

ALL SAINTS DAY MASSES

Weekend of 1-2 November



Children are asked to dress as their **favourite saint** at whichever Mass they attend on this weekend.



THIS WEEK'S SAINTS

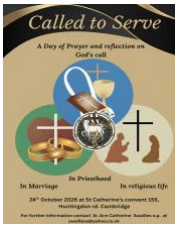


Monday, 26 October: **Saints Chad and Cedd** were brothers who helped spread Christianity in Anglo Saxon England during the 7th century. Cedd became a missionary in Essex and founded a monastery at Lastingham in Yorkshire. Chad followed his brother's example and became Bishop of Mercia, teaching people about Christianity. Both saints were known for their humility, kindness and dedication to God. Their work helped Christianity grow throughout England.

PRAYER & REFLECTION

Saturday, 24 October
St Catherine's Convent,
Huntingdon Rd, Cambridge

Contact:
Sr. Ann Swailes
swailesa@yahoo.co.uk



CAMBRIDGE NAZARETH TRUST

This Trust was established by members of the Equestrian Order of the Knights of the Holy Sepulchre of Jerusalem to provide education and development of our Christian brothers and sisters in the Holy Land.

HOLY FAMILY CRÈCHE

Donation envelopes for this project are available in the display unit in our porch.

OPUS DEI

Women's group meets monthly.
Contact: Laura Roldán:
mlauramarchessi@gmail.com

SECULAR FRANCISCANS

Contact: Jaci Agarwala
Tel: 01223 213895 or
ofs.assisi@yahoo.com

CARMELITE GROUP

Contact: Antonia Braithwaite
carmelite.cambridge@gmail.com

CATECHISM LATIN-RITE

Year 1 Beate Gürtler-Green:
beate@guertler-green.co.uk
Year 2 Anne Manning
ammanning15@gmail.com
Year 3 Phoebe Vargas
janphoebe5@gmail.com
Year 4 Lauren DesRuisseaux
laurenruisseaux@btinternet.com.
Year 5 Carol Kelsall
ckelsall@btinternet.com

SYRO-MALABAR COMMUNITY

Contact: Santos Mathen
Email: mathensantosh@gmail.com
Mobile: 07958139920
Contact: George Paily
Email: meringerin4@gmail.com
Mobile: 07737465958

Syro-Malabar Catechism
Years 1-5 Shiji Jenson
Email: Shijijenson78@gmail.com
Years 6-10 Bigily Joy
Email: bigilymerlinjoy@yahoo.co.uk
Mobile: 07915607421

AFRICAN COMMUNITY

Contact: Dominic Oyeniran
oad74@yahoo.com

NATURAL FAMILY PLANNING

antonia.braithwaite@gmail.com

MISSIO (APF)

Contact: info@missio.org.uk

DIOCESAN RETREAT DAY FOR MEN

10.30am–4.30pm, 7 November

- Community of Our Lady of Walsingham, Dereham NR20 4AZ
- Two talks and Adoration
- Bring a packed lunch
- Cream tea provided
- £15 per participant
- Contact: mflcoordinator@rcdea.org.uk
- Full details **here**.

CAMBRIDGE CATHOLIC PARISHES

OUR LADY AND THE ENGLISH MARTYRS
Hills Road, CB2 1JR
Tel: (01223) 350787
or (01223) 448780

SAINT LAURENCE
91 Milton Road, CB4 1XB
Tel: (01223) 704640

BAPTISM PREPARATION

Contact: Fr Philip John:
Philip.John@rcdea.org.uk

MARRIAGE PREPARATION

https://www.rcdea.org.uk/marriage-preparation/

USE OF CHURCH PREMISES & NEWSLETTER ITEMS

For information contact:
sphcambridge@gmail.com

CAFOD & JUSTICE & PEACE

For information contact:

Bernard Shaw on **(01223) 240207**
or Sheila Brookes at
Sheila.brookes@btinternet.com
or **(01223) 503948**

J&P Facebook page:
https://www.facebook.com/people/Cambridge-Justice-and-Peace-Group/100064618067019/

PARISH MUSIC

Contact Fiona:
sphparishmusic@gmail.com

REPOSITORY ITEMS

Contact: Antonia Braithwaite:
antonia.braithwaite@gmail.com

SPH KNITTING GROUP

The SPH Knitting Group will meet in the **Community Room** at St Philip Howard Church on the first Tuesday of every month from 2pm to 4pm. Everyone is welcome. For more information, please contact Nicky Marks (07876 713558) or Anne Manning (07742 758095).



GOSPEL REFLECTION The Greatest Commandment *(Mt. 22:34-40)*



Familiarity with Jesus' answer to the question about the greatest commandment blunts our awareness of its startling directness. Many answers could be given, perhaps singling out any one of the ten commandments as the greatest, the most important basis of society.

A frequent answer to the question was and is the Golden Rule which exists in many cultures: 'Do not do to another what you would not have done to you. This is basically a selfish answer, protecting one's own interests. By contrast, Jesus' answer hits home, turning us away from self to God. 'Love' (not 'obey' or 'adore' or 'fear' or 'reverence') is the command. Love is not simply the warmth of companionship or of sex but is the willing generosity of mother to helpless young child or daughter to helpless old parent, of wife to alcoholic husband or husband to paralysed wife, seeking no reward but the happiness of the receiver. Paul gives a useful check-list about love in chapter 13 of his first letter to the Corinthians. John's first letter provides a useful summary: 'No one who fails to love the brother or sister whom he can see, can love God whom he has not seen.

REFLECTION: READING 1

Exodus 22: 20-26
The Vulnerable and the Poor

These are the very primitive laws of the Old Testament, the heart of the first law-code laid down for Israel in the desert of the Exodus, before the Israelites even reached the Holy Land. 'Primitive'? Does our modern society equal them and the values they express? The principle is to help everyone who needs help, even foreigners, widows and orphans - just as God helped the Hebrews when they were slaves in Egypt. Men and women, made in the image of God, are God's representatives on earth, and must continue God's work of caring and healing. Anyone in need must not be humiliated, but must be given full human dignity, allowed to stand tall before his or her neighbours. The creditor may not enter the debtor's house to hassle him, the worker must be paid on time to get his dinner, the homeless must get back his cloak for the night, the vulnerable are not to be exploited. To summarize all this, Jesus will say, 'You must love your neighbour as yourself' - and here too he is quoting the Old Testament (Leviticus 19:18).

REFLECTION: READING 2

1 Thessalonians 1: 5-10
Servants of the Living God

After the consecration at every Mass we remind ourselves that Christ will come again, and the Thessalonians to whom Paul is writing were especially alert to this 'Second Coming' as they waited for Christ to come again from heaven. Paul had taught them that Christ has conquered death, that death is no more, and they mistakenly took this to mean that Christians would not physically die. Paul will answer this mis-understanding later in the letter. We don't know what this 'Second Coming' of Christ will be, but for Christians, history has a purpose and a direction. We do know that each of us will face Christ for our individual judgment when we die. We should not imagine that this will simply consist of Christ doling out suitable penalties to us; but as scripture says, 'No human being can see God and live! Faced with the stunning purity of the glory of God we will be filled with longing and love, but will surely know too that we are not yet ready to enter into the pure and overwhelming love of God: only when the dross is purged away will we be prepared for entering into Christ's embrace.

DIOCESE'S ANNUAL REPORT FOR 2025

The Diocese of East Anglia's *Annual Report* for 2025 has been published and can be accessed **here**.



READERS		
Aeola Fernandes Nicholas Caldwell	Vigil Mass 5.30pm	Saturday, 24 October
Antonia Braithwaite Beate Gürtler-Green	10am	Sunday, 25 October
Raquel Devine Isabel Cruz	12pm	

COUNTERS FOR THE WEEK OF 25 OCTOBER

Benny Chako & Vincent Kurian

DATES FOR YOUR DIARY	
Live Rosary Devotion (after 12pm Mass)	Sunday, 25 October
Children's liturgy of the Word	10am Sundays
Solemnity of All Saints	Sunday, 1 November

The Sacred Liturgy This Week (24 Oct.–1 Nov.)

24 OCT. SATURDAY ST. ANTHONY MARY CLARET B
09h00 **Office of Readings & Lauds**
09h30 **Holy Mass**: +Victor Alban D'Souza (R. D'Souza)
17h30 **Vigil Mass**: People of the Parish

25 OCT. 30TH SUNDAY IN ORDINARY TIME Psalter Week 2
10h00 **Holy Mass**: Special intention: Clare & Fraser Glen (A & J Milne)
12h00 **Holy Mass**: Margaret McManamon (F)
15h15 **Syro-Malabar Qurbana**

26 OCT. MONDAY SS. CHAD & CEDD BB
09h00 **Office of Readings & Lauds**
09h30 **Holy Mass**: *(S)* Albie Glen (J. & A. Milne)

27 OCT. TUESDAY FERIA
09h00 **Office of Readings & Lauds**
09h30 **Holy Mass**: Irene Catley (F)

28 OCT. WEDNESDAY SS. SIMON & JUDE App. Feast
09h30 **Office of Readings & Lauds**
10h00 **Holy Mass**: Marie Potter (F)

29 OCT. THURSDAY FERIA
09h00 **Office of Readings & Lauds**
09h30 **Holy Mass**: +John Sweeney Jr. & Kathrina Sweeney (F. Sweeney)

30 OCT. FRIDAY FERIA
09h30 **Office of Readings & Lauds**
10h00 **Holy Mass**: Margaret Lally & Mary Teresa Sweeney (F. Sweeney)
19h00 **Syro-Malabar Qurbana**

31 OCT. SATURDAY FERIA
09h00 **Office of Readings & Lauds**
09h30 **Holy Mass**: +Clive Ellis (J. & P. Carson)
17h30 **Vigil Mass**: +Philomena Rodrigo (A. Rodrigo)

1 NOV. SOLEMNITY of ALL SAINTS Psalter Week 3
10h00 **Holy Mass**: McCabe & Ritchie families (F)
12h00 **Holy Mass**: +Elizabeth Hersee (J. Carolan)
15h15 **Syro-Malabar Qurbana**

(F): Foundation (L): Living (T): Thanksgiving. (P): Private intention (S): Sick (B): Birthday

OCTOBER 2026

DEATH ANNIVERSARIES

His Holiness Pope Pius XII, Juan Alfard, Basilio Amabile, Derek Anderson, Barbati, Michael Barratt, Peter Buticus, Hughie Campbell, Mary Carolan, Gertrude Chandler, James Clifford, Colin Cole, David Cowe, Joan Mary Cross, Joseph de Cruz, Thomas Dearing, John Derman, Joe Dunleding, Winifred Dyra, Bridie Egan, Richard Frost, Katie Garvey, John Ginty, Josefina Gomez-Serantes, Brigid Griffin, Anne Griffiths, Collette Given, Johanna Goss, Margaret Haggerty, Ethel Harkness, Sheila Horne, Leonard Hutton, Dina Jacot, Ginette Jeeves, Philip Kennedy, Patrick Lally, Mina Lavis, Jim Lynch, Geraldo Mattos, Patrick McAlinney, Alice McCawl, Patrick McGee, James McGinnity, Danny McGrellis, Anthony McGuinness, Margaret McManamon, Felix McRory, Helena Mackiewicz, Patrick Murphy, Henryk Nedzynski, Barbara Oldridge, Valentinas Parafinavicius, Fr. Sandy Phelps, Chris Plummer, Rachel Porter, Marie Potter, Jane Ramtahal, Fred Roach, Dorothy Roche, Catherine Rouch, Luigi Ruggiero, Jack Rusk, Francis Sheehan, Gerry Sheehan, Doreen Stebbings, William Stellitano, Tony Stigwood, Arthur Bernard Tate, Bridget Tucker, John Wallace, Ethel Winnal, Wendy Pabis, Lazaro Vargas Jr., Anunciacion Rafol.

FOR THOSE WHO ARE ILL

Owen Crouch, Teresa Margaret Creet, Angela Fordham, Simon Janos, Beth Malubay, Joseph Mashapure, Monica Nwaiku, Sr. Noreen O'Connor, Lucy Richardson, Vyramuthu Sabanathan, Jayne Stewart, Michelina Starace, Frances Wiseman, and all others.

PRAYER

Loving God, your Son accepted our sufferings to teach us the virtue of patience in human illness. May all who suffer pain, illness, disease, and the frailty of old age realise that they have been chosen to be saints and know that they are joined to Christ in his suffering for the salvation of the world. Being restored to health, they may render thanks to you in your Church. Amen